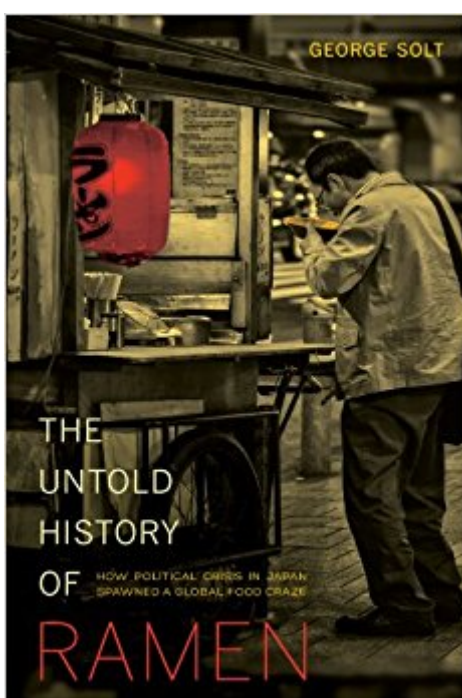


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# The Untold History Of Ramen: How Political Crisis In Japan Spawned A Global Food Craze (California Studies In Food And Culture)



## Synopsis

A rich, salty, and steaming bowl of noodle soup, ramen has become an international symbol of the cultural prowess of Japanese cuisine. In this highly original account of geopolitics and industrialization in Japan, George Solt traces the meteoric rise of ramen from humble fuel for the working poor to international icon of Japanese culture. Ramen's popularity can be attributed to political and economic change on a global scale. Using declassified U.S. government documents and an array of Japanese sources, Solt reveals how the creation of a black market for American wheat imports during the U.S. occupation of Japan (1945-1952), the reindustrialization of Japan's labor force during the Cold War, and the elevation of working-class foods in redefining national identity during the past two decades of economic stagnation (1990s-2000s), all contributed to the establishment of ramen as a national dish. This book is essential reading for scholars, students of Japanese history and food studies, and anyone interested in gaining greater perspective on how international policy can influence everyday foods around the world.

## Book Information

Series: California Studies in Food and Culture (Book 49)

Paperback: 240 pages

Publisher: University of California Press (February 22, 2014)

Language: English

ISBN-10: 0520282353

ISBN-13: 978-0520282353

Product Dimensions: 6 x 0.8 x 9 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 3 customer reviews

Best Sellers Rank: #418,362 in Books (See Top 100 in Books) #129 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Pasta & Noodles #603 in Books > Cookbooks, Food & Wine > Cooking Education & Reference > History #644 in Books > History > Asia > Japan

## Customer Reviews

"George Solt's *The Untold History of Ramen* is a wonderful guide to the world of ramen that will please aficionados, inform neophytes, and satisfy students of Japanese food and popular culture."  
—Samuel H. Yamashita, Henry E. Sheffield Professor of History, Pomona College "European and North American diners who previously knew only packaged ramen are now waiting in long lines at specialty restaurants for Japan's iconic noodle soup. Solt's fascinating study reveals the role of

U.S. foreign policy in ramen's past and shows how a Japanese worker's meal became a national food and rode to the forefront of the latest wave in Japanese cuisine to arrive in the West." Eric C. Rath, Professor of History, University of Kansas

George Solt is Assistant Professor of History at New York University.

This is a great academic book that appeals to the lay person curious about ramen and Japanese food culture. It's very readable and (rare these days) extremely substantive, full of interesting anecdotes and historical research about the convoluted, cross-cultural romance that is Ramen. I first noticed George Solt's writing on ramen in the anthology "Japanese Foodways: Past & Present" edited by Eric C. Rath and Stephanie Assman (another good book). I was delighted that Solt's very interesting essay in there, "Ramen and US Occupation Policy", has since turned into a full-fledged book. What really makes this book enjoyable for an Asian reader and someone familiar with Japan is that Solt is absolutely spot-on in his critique of both Japanese and American attitudes towards each other's cultures and towards their own. He takes no sides, and points out the follies of each camp. Although ruthless, his criticism is always in good humor. He reminds me of another great, balanced writer of Japanese contemporary history, John Dower, whom he cites here as well. Lastly, what a beautiful cover for a university press paperback. Buy it.

Really great book very informative

suit for this price . It's an awesome product! Tried it immediately after I received it. The package is so pretty as well! as a gift to Tommy, will buy next time. quickly.

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